

October 2019 Harmony Hill Retirement Community

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Not sure where you are going? Use this guide to find your way around.

Second Floor
AR—Activity Room
C/T—Chapel/Theatre
B/L—Bar Lounge
BR—Billiards Room
GH—Green House

Main Floor
B—Bistro
L—Library
LB—Lobby
CTY—Courtyard
P—Pool



**TORONTO
MAPLE
LEAFS**
Home Opener
Wednesday October 2 7:00pm
Wear your Blue and White

1	2	3	4	5
9:15 Functional Fitness AR 11:00 Scrabble L 2:15 Falls Prevention AR 2:30 Catholic Mass C/T 3:00 Euchre B/L 7:15 Triominos B/L 7:15 Chair Yoga AR	Walker Clinic In the Greenhouse at 10:00 No Walmart Outing Today 10:00 /11:00 Fitness AR  3:00 Oktoberfest B/L 4:00 Computer Help L 7:15 Bingo AR	9:15 Functional Fitness AR 10:30 Fit Minds AR 2:15 Falls Prevention AR 3:00 Crafts GH 3:00 TED Talk & Discussion C/T 4:00 Social Time B/L 7:00 Bridge B/L	10:00 /11:00 Fitness AR 2:30 Guest Speaker Lieutenant Colonel Anthony Robb C/T 3:30 Tea Reception for LT.Col. Robb C/T 4:00 Social Time B/L 7:00 Pub Night with David B/L	10:00 Billiards B/L 10:15 Scattergories AR 11:00 Come Play Air Hockey B/L 2:00 Bingo AR 3:00 Card Games Your Choice B/L Cribbage/Euchre/Bid Euchre 3:00 Movie Matinee C/T

6	7	8	9	10	11	12
10:30 Coffee & Conversation B/L 12:30 Outing—Young At Heart Dance and Social \$5.00 SU 2:30 Gospel Sing Along With the BEEZ C/T 7:00 Games—Your Choice B/L	10:00/11:00 Fitness AR 2:00 Bingo AR 2:30 Ted Talk & Discussion C/T 3:30 Tea Time B/L 7:00 Bridge B/L 7:00 Dominos GH	9:15 Functional Fitness AR 11:00 Scrabble L 10:30 Dance for Parkinson's AR 11:30 Outing Giant Tiger/Churchill Fish and Chips \$ SU 2:15 Falls Prevention AR 3:00 Euchre B/L 7:15 Chair Yoga AR 7:15 Triominos B/L	9:30 Outing Walmart SU 10:00/11:00 Fitness AR 2:00 Outing Walmart SU 2:00 Bingo AR 2:00 Play Air Hockey B/L 2:30 Hand Wax & Mini Manicures GH 4:00 Computer Help L 7:15 5 cent L-R-C B/L 7:30 Creative Movement \$\$ SU AR	9:15 Functional Fitness AR 10:00 Outing Algoma Orchards Store \$ SU 11:00 Anglican Service C/T 2:15 Falls Prevention AR 3:00 Resident Meeting C/T 4:00 Social Time B/L 7:00 Bridge B/L 7:15 Card Bingo AR	 10:00/11:00 Fitness AR 2:30 Special Presentation with Peter Mennie The Magic Guy 4:00 Social Time B/L 7:00 Pub Night with Tim B/L	10:00 Billiards B/L 10:15 Scattergories AR 2:00 Bingo AR 3:00 Movie Matinee C/T 7:15 Movie Night C/TH

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>13</p> <p>10:30 Coffee & Conversation B/L</p> <p>2:30 Thanksgiving Tea Gratitude Tree B/L</p> <p>7:00 Games—Your Choice B/L</p> <p>7:15 Learn Basic Line Dance AR</p>	<p>14</p>  <p>7:00 Bridge B/L</p> <p>7:00 Dominos GH</p>	<p>15</p> <p>9:15 Functional Fitness AR</p> <p>10:30 Dance for Parkinson's</p> <p>10:30 Outing Casino Ajax SU</p> <p>11:00 Scrabble L</p> <p>2:15 Falls Prevention AR</p> <p>2:30 Catholic Prayers C/T</p> <p>3:00 Euchre B/L</p> <p>6:00 Men's Night Out Wings Beer & Poker \$\$ SU</p> <p>7:15 Chair Yoga AR</p> <p>7:15 Triominos B/L</p>	<p>16</p> <p>Clothing Sale 10:00-3:00</p> <p>9:30 Outing Walmart SU</p> <p>10:00/11:00 Fitness AR</p> <p>2:00 Bingo AR</p> <p>2:00 Play Air Hockey B/L</p> <p>2:30 Hand Wax & Mini Manicures GH</p> <p>4:00 Computer Help SU</p> <p>7:15 5 cent L-R-C B/L</p> <p>7:30 Creative Movement \$\$ SU AR</p>	<p>17</p> <p>9:15 Functional Fitness AR</p> <p>10:30 Fit Minds AR</p> <p>11:00 United Church Service C/T</p> <p>2:15 Falls Prevention AR</p> <p>2:30 Java Music Club C/T</p> <p>3:00 Bowling Team SU</p> <p>4:00 Computer Help L</p> <p>4:00 Social Time B/L</p> <p>7:15 Card Bingo AR</p> <p>7:00 Bridge B/L</p>	<p>18</p>  <p>10:00/11:00 Fitness AR</p> <p>2:30 Trivial Pursuit Fun Edition AR</p> <p>4:00 Social Time B/L</p> <p>7:00 Pub Night with Art B/L</p>	<p>19</p> <p>10:00 Billiards B/L</p> <p>10:15 Scattergories B/L</p> <p>11:00 Outing Applefest Bowmanville /Lunch SU</p> <p>3:00 Movie Matinee C/T</p> <p>3:00 Card Games Your Choice B/L</p> <p>Cribbage/Euchre/Bid Euchre</p> <p>7:00 Movie Night C/T</p>
<p>20</p> <p>10:30 Coffee & Conversation B/L</p> <p>2:30 Sunday Sing Along With Janette D C/T</p> <p>7:00 Games—Your Choice B/L</p>	<p>21</p> <p>Election Day In the Theatre Shoe Sale -Lobby</p> <p>10:00/11:00 Fitness AR</p> <p>2:00 Bingo AR</p> <p>2:30 You Be the Judge GH</p> <p>3:30 Tea Time B/L</p> <p>7:00 Bridge B/L</p> <p>7:00 Dominos GH</p>	<p>22</p> <p>9:15 Functional Fitness AR</p> <p>10:30 Dance for Parkinson's</p> <p>10:30 Guest Speaker LHIN</p> <p>Community Care and Long term Care Application C/T</p> <p>2:00 Outing Value Village & Dollarama/Metro SU</p> <p>11:00 Scrabble L</p> <p>2:15 Falls Prevention AR</p> <p>3:00 Euchre B/L</p> <p>7:15 Chair Yoga AR</p> <p>7:15 Triominos B/L</p>	<p>23</p> <p>9:30 Outing Walmart SU</p> <p>10:00/11:00 Fitness AR</p> <p>2:00 Bingo AR</p> <p>2:00 Play Air Hockey B/L</p> <p>2:30 Hand Wax & Mini Manicures GH</p> <p>4:00 Computer Help SU</p> <p>7:15 Rummoli \$\$ B/L</p> <p>7:30 Creative Movement \$\$ SU AR</p>	<p>24</p> <p>Vox Sox</p> <p>9:15 Functional Fitness AR</p> <p>10:30 Fit Minds AR</p> <p>2:15 Falls Prevention AR</p> <p>2:30 Crafts SU GH</p> <p>3:00 Bowling Team SU</p> <p>4:00 Social Time B/L</p> <p>4:00 Computer Help L</p> <p>5:30 Outing Wolfgangs \$\$ SU</p> <p>7:15 Card Bingo AR</p> <p>7:00 Bridge B/L</p>	<p>25</p> <p>10:00/11:00 Fitness AR</p> <p>2:00 Veteran's Photo's AR</p> <p>3:00 Monthly Birthday Celebration with Dr. J</p> <p>4:00 Social Time B/L</p> <p>6:00 Outing Durham Craft Show SU</p> <p>7:15 Progressive Euchre Tournament \$\$ SU</p>	<p>26</p> <p>10:00 Billiards B/L</p> <p>10:15 Scattergories B/L</p> <p>2:00 Bingo AR</p> <p>3:00 Movie Matinee C/T</p> <p>3:00 Card Games Your Choice B/L</p> <p>Cribbage/Euchre/Bid Euchre</p> <p>7:15 Movie Night C/T</p>
<p>27</p> <p>10:30 Coffee & Conversation B/L</p> <p>2:30 Outing Sunday Drive \$ SU</p> <p>3:00 Movie Matinee C/T</p> <p>7:15 Learn Basic Line Dance AR</p> <p>7:00 Games—Your Choice B/L</p>	<p>28</p> <p>Bling It On Jewelry Sale</p> <p>10:00 /11:00 Fitness AR</p> <p>2:00 Bingo AR</p> <p>2:30 News & Views GH</p> <p>3:30 Tea Time B/L</p> <p>7:00 Bridge B/L</p> <p>7:00 Dominos GH</p>	<p>29</p> <p>9:15 Functional Fitness AR</p> <p>10:30 Dance for Parkinson's</p> <p>11:00 Scrabble L</p> <p>12:30 Outing Lunch at Coco Frutti \$\$ SU</p> <p>2:15 Falls Prevention AR</p> <p>3:00 Euchre B/L</p> <p>7:15 Chair Yoga AR</p> <p>7:15 Triominos B/L</p>	<p>30</p> <p>9:30 Outing Walmart SU</p> <p>10:00/11:00 Fitness AR</p> <p>2:00 Play Air Hockey B/L</p> <p>2:00 Bingo AR</p> <p>2:30 Hand Wax & Mini Manicures GH</p> <p>4:00 Computer Help L</p> <p>7:15 5 cent L-R-C B/L</p> <p>7:30 Creative Movement \$\$ SU AR</p>	<p>31</p> <p>Skye's Clothing Halloween</p> <p>9:15 Functional Fitness AR</p> <p>9:30 Shoppers Drug Mart And Banks SU</p> <p>2:15 Falls Prevention AR</p> <p>2:30 Bippity Boppity Boo Tea Party B/L</p> <p>4:00 Computer Help L</p> <p>7:00 Boo Bash with the</p>	<p>Calling All Princesses</p>  <p>Fairy Godmothers, Knights, Frogs and Princes</p>	